# CU1111Uspring2014



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Cumulus is a student-generated, community-focused publication that seeks to capture a year in the life of the college, its employees, and the com-

'ision Statement Cumulus aims to be the college's touchstone publication: a space of reminiscence for alumni, a record of current events and issues, and a resource for students, staff, and faculty.

Cumulus is a product of the Mass Communications department and is produced by the combined efforts of students in three classes:

> Digital Magazine Production: Design and Style Digital Magazine Production: Storytelling

Graphic Design III

We are proud of our publicataion and its representation of life at Cloud County Community

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# Student Survey

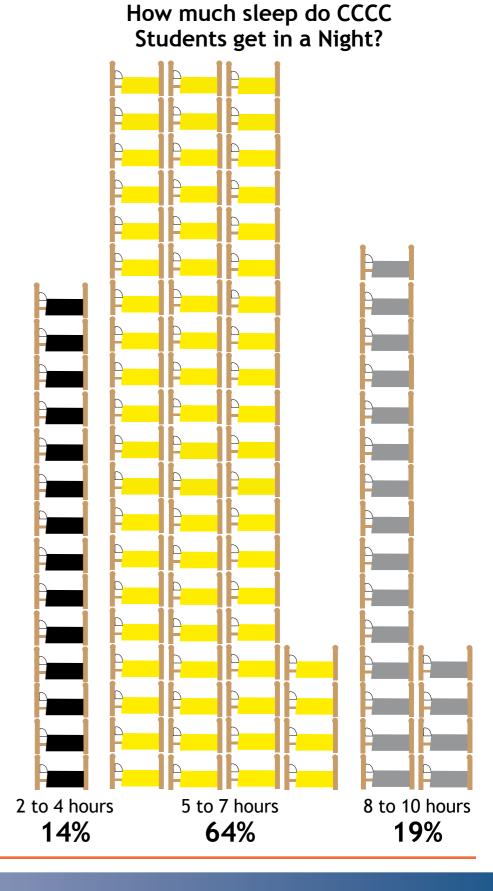
Illustrations by Emily Hogan

Top three sports at Cloud:

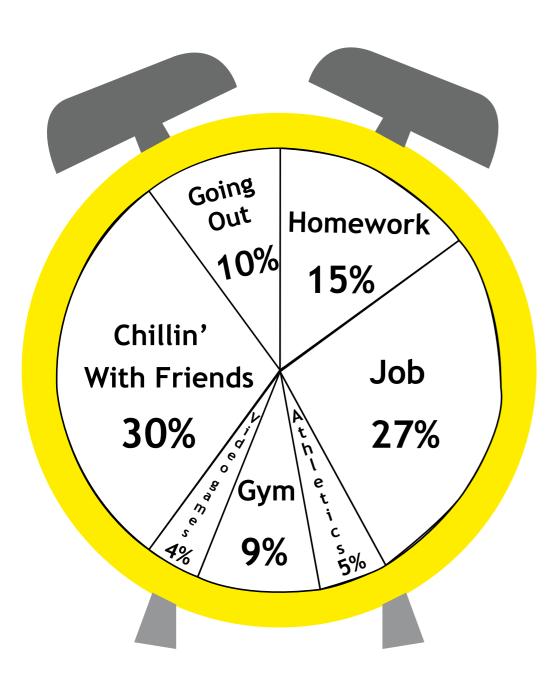








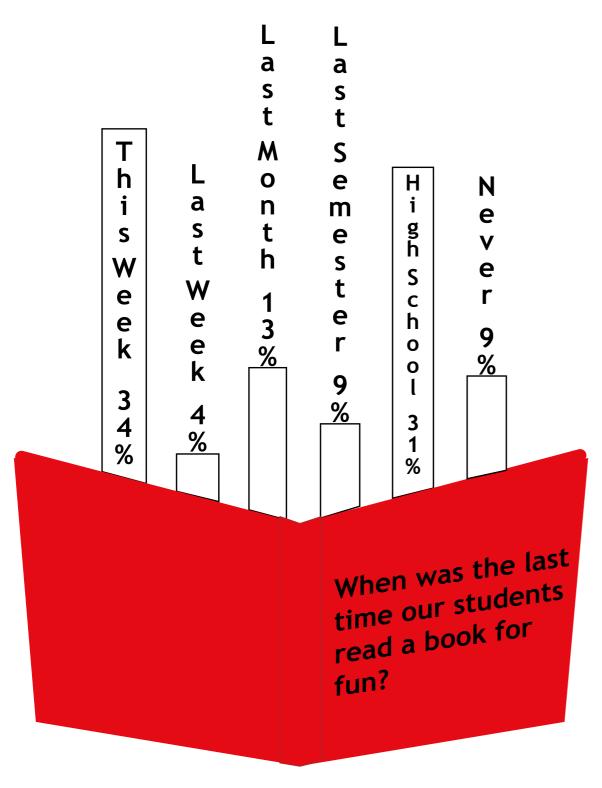
# How many hours per week do Cloud Students spend following activities:





The Top TV shows at CCCC





### Most Popular Restaurants in Concordia:

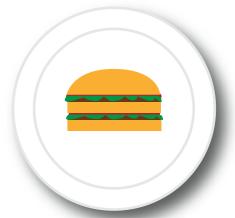




1. El Puerto's

2.Heavy's





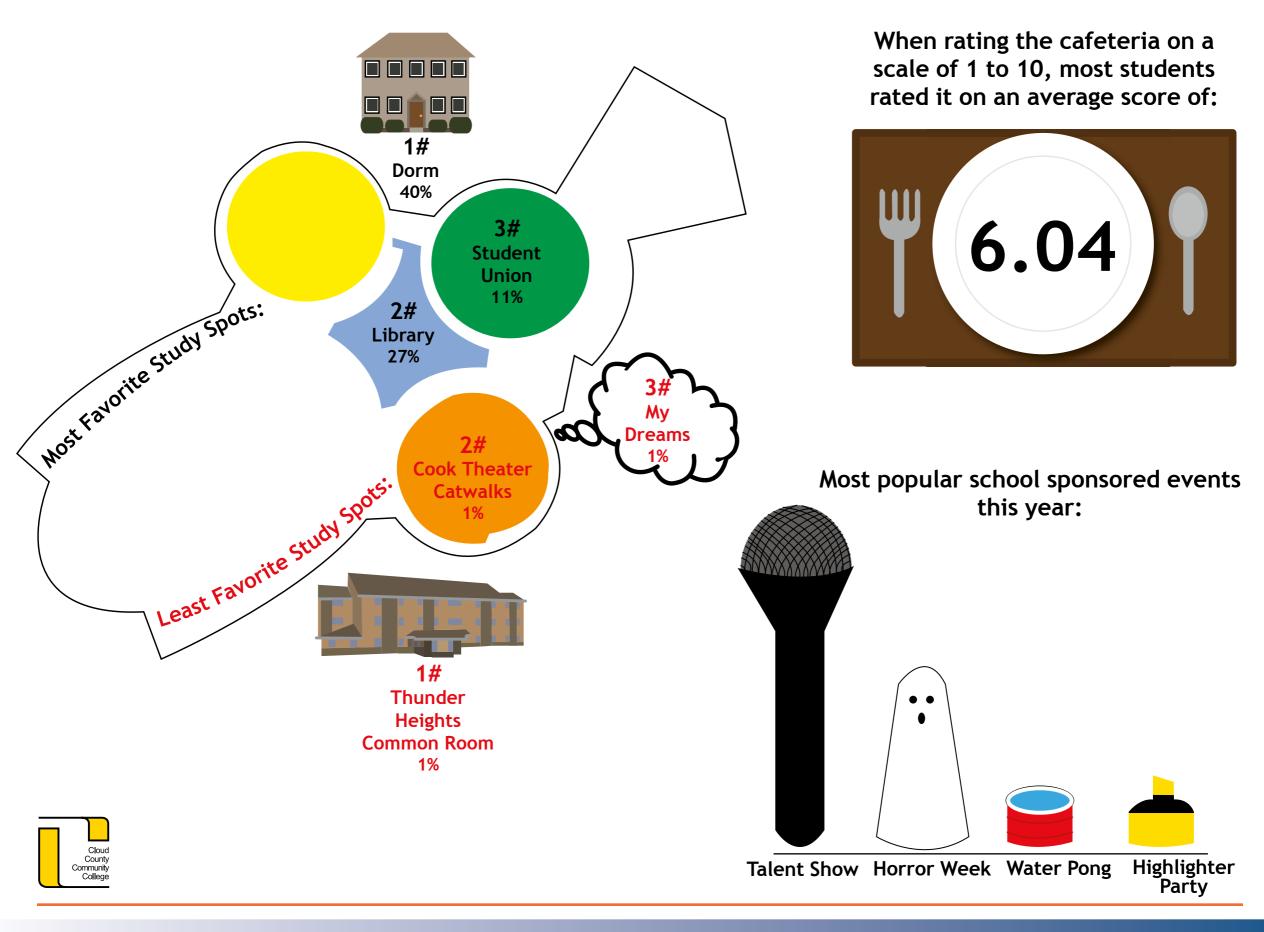
3. Gambino's

4.Mcdonalds



5. Jitter's

Cloud County Community College



Cumulus #2 2013-2014

# WELCOME WEEK

wery year, the Concordia Campus brings starts with a bang--from move-in day with Thor, the mascot, to water day, to the blacklight party, to the block party. It's a whirlwind of activities designed to start the school year off in a positive, fun way. Spend some time clicking through the slideshow below to experience just a small sampling of the 2013-2014 Welcome Week.





hectic, fun, exciting and at the same time very scary for incoming first year students. It is often the first time that they have been away from home for any extended



time. My goal for Welcome Week is to make that transition to college one that they will never forget."

Shane Britt- Residence Life Coordinator

ur Goal is to help students get familiar with the college and the students they will be interacting with. We want to provide a positive and fun atmosphere for the



students the first two weeks and give them a chance to get involved and get to know a lot of different people."

Carlene Nordell - Activities Director

"Cloud provided a warm welcome week. I enjoyed the movie night the most because the snacks and social atmosphere coupled with a great movie, created a satisfying experience."

-Treg Arganbright

"It was a lot of fun. I made a lot new friends!" -

-Bethany Hawe

# Mining for Talent

by: Bethany Hawe

additional reporting by: Marc Malone

**7**hen I walked on stage the first few minutes, I was nervous standing in front of all those people. The lights were bright making it really hard to see. I had to cover my eyes. Hunter and I had a grab-bag of prizes, and the crowd seemed excited to get its hands on them. The audience was so loud I could barely hear myself think. After Hunter started talking, my nerves settled and I found a rhythm as I threw lanyards into the crowd. Even so, it was probably one of the most intense things I have ever done. It was clear that everyone was riled up for the 2014 Cloud Talent Show.

This year the members of Cloud's radio station, KVCO, were joined in hosting the show by

Cloudy County Cou

the semester, Shane Britt, Residence Life Coordinator, and Tasha Riggins, **Instructor of Mass-Communications** and faculty advisor for KVCO, decided that the time was right to put on the show. Britt noted "there's such a variety of natural talent in the community. A lot of the positive energy of these types of shows comes from the spontaneity of the planning." Riggins agreed, and added that she was "impressed with the level of talent this year." Jenna Maas, the lead RA in charge, said "it took about three weeks to get all the planning and organizing figured out. We were on it from the very beginning, so the first few days were [very productive]. We were excited to have all the contestants." Auditions were held just two weeks before the night of the show.

There were various jobs to fill during the night of the talent show, but



Maas said it wasn't difficult to find people willing to help out. I asked Mass if the planning was stressful: "In the beginning it was stressful trying to get all the details planned out, but as time went on, things started working out smoothly, and we [were] excited to have the show!"

As a member of KVCO radio,
I worked with fellow Promotions
Director, Chelsi McReynolds, to
advertise the show to students and
the community. We handed out flyers around the community to get the
word out about the event, and local
Concordia businesses let us hang flyers in their stores. Regarding planning,
McReynolds stated that "in one day we



got all the posters made and all the staffing figured out, our auditions meeting set-up...and so in one day we got most of it covered. In the next few weeks we handed out flyers and posters. Most people don't see what happens behind the scenes, but a huge part of the stress of the show was of the planning was on the production side. The morning of the show, McReynolds was doing last-minute checks to make sure everything the final details were falling in to place. She shared with me that it had been a "stress-

ful day because I had to text

County Community Community College everyone that was involved in

the talent show and make sure we had the right music." Other finishing details included setting up the stage equipment for the acts, prepping light and sound, and finalizing the sequence of the show.

When contestants began showing up, we knew it was almost time. The acts displayed an impressive array of skills: singing, guitar playing, and even some acting. Cody Silhan played percussive guitar, Shelby Gallon sang "At Last" by Etta James, and Julie Gavin sang an Italian piece accompanied by Dr. Krampe playing the piano. The only skit, called "The Typical Day of Typical Girl,"

was performed by Nadia Washington, Sarah Snider, Brice Merrin, and Misty Krouse. This act about a girl obsessed with toilets had the crowd rolling in the aisles. Kami Hubbard, Andy Colby, Tamara Waterman and Destiny Mcclure all sang music from Christina Perry to Nine Inch Nails. Max Byram played the piano and sang along to an original song he wrote just days before the show. Tanner Bowles was the only act to do a serious solo followed by Cheney Kohlman, who sang and played guitar after nervously announcing that Patrick Sieben, music teacher, had just taught her not too long ago how to even play guitar. Caleb Bowers and Tony Crannell, both from the Concordia community, sang and played the guitar. Crannell has been performing in Cloud talent shows for three years. Michelle Allen and Ellen Revell wrapped up the night with a touch of country—Kenny Rodgers's "Sweet Music Man."

In the middle of the show, KVCO and the Resident Assistants had a variety





of prizes—donated by the College
Bookstore, the Admissions Office, and
Dairy Queen—to hand out to the audience. This is where I came in at the
beginning of this story; I was on stage
with Hunter Hunter Clark, Station
Manager of KVCO handing out fifty free
prizes including, according to Clark,
"laynards, t-shirts, ice cream tokens, and

cups, we probably had enough
cloud county college lanyards, t-shirts, cups,

and Dairy Queen tokens. Hunter said the experience of handing out prizes was interesting and was completely improvised. After a failure of the original plan for distributing prizes, it came down to the audience trying to guess fun facts about Hunter—his favorite color, for example. Then it was audience members telling interesting facts about themselves (which led us to knowing that Rodney Pryor—a Sophomore basketball player from Evanston, Illinois—owns a pair of cowboy boots). Eventually, Clark joked, the number of prizes was overwhelming: "we gave out a lot of stuff, a lot of lanyards, and it eventually got to the point that I was just walking around handing things to people because I was tired of giving them out." There were nearly enough prizes for everyone in attendance to take something home with them.

In-between fighting for prizes and

watching the contestants, the audience had the honor of having Toby Nosker, Director of News and Sports at KNCK, Inc., the local radio station, as host. Nosker is a Cloud alum, and a veteran of KVCO. Nosker's humor proved he was the right person for the job. The audience seemed to really enjoy him as he bantered away the time between acts.

After all of the acts had performed and the prizes where handed out, it was time for the judging. Our judges were faculty members from the school: Jamie Durler, English and Communications instructor; Patrick Sieben, music instructor; and Sue Sutton, Instructor of Communications and Theatre and Dean of Humanities, Social Sciences and Business. Based on their own expertise in music, theatre and communication, judges scored the contestants on their overall performance using a scale of one to ten. Third place was a three-way tie between Shelby Gallon, Caleb Bowers, and Tamara

Waterman. The tie was broken—

County Confunity College

Waterman. The tie was broken—

by the College

audience who tried to cheer the loudest for the crowd favorite, but reports are that Sieben later made sure there was enough money to give each student a prize. In second place was Cody Silhan winning fifty dollars. First place went to Erin Crawford and Tyler Boys singing and playing the guitar for Adele's "Someone Like You." They took home \$100. All of the acts were amazing, and it was refreshing seeing the kind of talent that is around the school and in the community.

The student turnout was impressive. After the show I asked some of the contestants for their thoughts on the show in general and their performances specifically. Tanner Bowles says "yes. I liked Tyler and Erin. I really enjoyed them." He also offered them congratulations on their win, adding, "they were really good." For his own performance, I asked Bowles how he picked what he wanted to do, and he confidently replied with "well, this was my second choice. I couldn't do my first choice, so I really enjoy [the one

that I did]." Bowles also said he wasn't nervous before or during the show "I've performed for big crowds before, so I was used to it, and I was ready."

I also caught up with some of the students that were in the audience. When asked if she liked the show, Hannah Edgar shrieked "YEAH!" Williiam Woerman thought "the show was awesome," and Blaine Joonas remarked "it was pretty good." Edgar said that she came to see Ellen perform. William had come to see Ellen, Shelby and Cheney. Joonas said "I came to see everybody do good." Seeing members of the student community show up to support their peers gave me two thoughts: First, it was personally enjoyable to be a part of an event where so many students support each other. And secondly, there really is something special about Cloud 🗳



# Altering Your Prespective

The Common Bond Between Teacher and Student By Nadia Washington

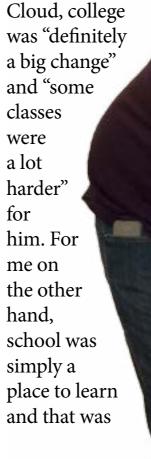
hether you're a teen fresh from high school or a non-traditional student getting a better education, going into college can be a frustrating experience. I'm willing to bet that on that first day of school, you walked in through those doors, looked around and thought "Whoa, this is a lot to take in! How am I going to get through this alive?" Now maybe I'm wrong, but for some of us, that's an all too real fear of ours. The switch from what we know to something new grows on us and, for some, it can be a bit more overwhelming than we originally thought. For some of us, that situation seems unrealistic. You can handle the extra work with no problem and thats really great, but is that really the idea you walked in a lot with in the very beginning? I'm willing to bet harder" it wasn't all easy peasy at first.

Going back to that first day of school, you were all packed and ready to go (or maybe you weren't). Most students come into college thinking they're going into a land of rules and regulations and that all teachers will be their worst enemy. This might be because of what our high school teachers told us before we left. You know the words.

College is twice as hard, Your teachers won't care, your assignments will be difficult and overwhelming. I would like to bet that those seem pretty similar to what Ms. Johnson, the hypothetical teacher said. High school teachers like to scare you into doing better by telling that. I expected at least a little help with staying on track from my teachers, but overall I thought college was about me, me, me. Little did I know, my teachers could play a big part in my learning experience.

Most students think teachers stay around to that. I expected at least a little help with staying on track from my teachers, but overall I thought college was about me, me, me. Little did I know, my teachers could play a big part in my learning experience.

Most students think teachers stay around to be either a micromanager of the student or a tyrant of the classroom, but what about the teachers themselves? What do they think? Do we even bother to ask? The truth is, each and every teacher is a different person with different thoughts and feelings. Now, I know it seems a bit mocking, but its true.





you how hard college will be if you don't try,

but the truth is college can be hard for any

student. For Devin Griffee,

a freshman here at

Teachers have a side to this too. So what do teachers really think about their students? While even now we think about our struggle to find meaning between what we love to do and what we should do, there are teachers who feel they can help by adding their own insight. I asked Christopher Krampe, a music teacher who has a close connection with his students, about his school experiences and what he said seemed very similar to what we might say as students. Christopher Krampe said "I started out double majoring in music and biology and I was intending on going to school for radiology to be a radiology doctor". This coming from the man we know to be a music teacher? When I asked him to explain how he decided on music when radiology seemed to be his plan, Christopher Krampe replied with an insightful tone that "Through that whole experience I realized...I didn't have a passion for medicine in the same way that I did for music." Now, doesn't that seem interesting? A teacher who is supposed to not care about students and make work hard has had the same school experiences that we students are having now.

So what IS a good teacher and how does one act? When I asked about how some of his best teachers were, Devin Griffee responded instead with a list of Cloud teachers that inspired him to learn including "Marc Malone, Nick Jones, Neil Ward, and

Brent Phillips". These were just some of the cloud personnel that have affected his learning by simply being there for him. Devin Griffee also included his thoughts on what a good teacher should be like stating "I think [they] should be friendly, but they don't have to be super stiff." When I asked Marty Doyle, a much loved science teacher, the same question, she said a good teacher was someone who was "very very receptive to students" and "didn't make you feel like a total idiot". Both teachers and students see the idea of a good teacher in the same way! On the other hand Christopher Krampe knew what he thought of as a bad teacher. Krampe said "a teacher that I can tell [doesn't] like teaching" and a teacher that "doesn't have the passion anymore for what they're trying to teach". These counted as bad teachers while, as far as good students go, Devin Griffee said "I think its probably best to have a good relationship and understanding with teachers." Marty Doyle said "Ideal Students are ones that act interested". Once again, the teachers and the students agree on a common topic.

So maybe not all teachers are mean and hard to follow. Some can be nice and understanding if you just ask for help. Not all students hate teachers and classes. Some like to ask questions and do projects in order to really understand the topic at hand. Knowing this, perhaps we, as students, should reform

the way we think about our teacher-student relationships and start anew based on what we find in each of our teachers? Perhaps teachers should consider each of their students and apply that to how they plan to teach throughout the semester? Just a little something to think aboutd





# Student Eating Habits in College

### "FRESHMEN 15"

k, honestly, I don't cook; I usually go to the cafeteria at regular meal times. If I sleep through a mealtime, I probably will end up going to Dairy Queen, where I will order a 4 or 6 piece chicken strip basket. I like going to Dairy Queen because it's quick and easy. It's also cheaper than going to many other places where the food is probably healthier. I know that a lot of the times when I hang out with friends we end up getting fast food to snack on. It's not healthy, but we do it because it's a habit and we feel a need to snack on something when hanging out. I started wondering who on campus actually cooks, and do any college students actually make healthy choices concerning their daily food intake?

As college students, we eat a

very wide variety of foods. Cafeteria food is what most students eat when they have meal plans. But during times that the cafeteria isn't open students can get creative. Or, they might go for whatever is quick, easy, and cheap. Most of the students I talked to about food mentioned that the cafeteria is where they usually eat. Often times later in the evening students may make a run to McDonalds, Sonic, Dairy Queen, or other fast food restaurants to get something quick to eat. I know that personally I probably go to McDonalds two to three times a week. It's not a super healthy decision, but it tastes pretty good.

Some students at college like to cook, and their level of cooking capabilities range from little cooking experience, to years of experience.

# The step process of making Hamburger-Noodle Feast







Cumulus #2 2013-2014 | 1.

These students usually use basic cookware, such as; skillets and frying pans, along with the ovens and stoves that are included in the dorms. One of the students I know who cooks often is Ethan Hillegeist. When I asked Ethan if the cost of food controls what he cooks, he replied. "I don't think vegetables are that expensive... ramen noodles are really cheap, not that they are necessarily healthy. But they're cheap, that's why they're a big college food..." Ethan is right! Almost every college student I interviewed said they try to buy cheaper food when they are shopping. They weren't really looking for the healthy food because of the cost. very difficult to do so. Unfortunately, cost of food is one of the main reasons that college students don't always eat healthy. Another student I talked to, Foster Losh, also says "...healthy costs a lot of money."

There is one final thing that I think also controls student eating habits - and that is using eating as a social

activity. This is very important because this is a very common habit that we create, and because it often does cause unhealthy eating habits. When we go watch a movie, we buy popcorn and drinks, when we hang out and watch a football game or favorite TV show we often have snacks such as potato chips or store bought cookies. Eating like this causes unhealthy eating habits, because we begin to think of food as a social item, and not a fuel that our bodies need. This problem is real and growing; studies have shown that social eating is linked to obesity. This type of eating can be controlled, but it's

College students don't always make healthy eating choices, in fact, we're making downright bad decisions most of the time. And unfortunately, controlling unhealthy eating habits is a difficult thing to do, because it is a mindset that has to be changed. It's difficult, but it can be done.

# The step process of making Hamburger-Noodle Feast









Cumulus #2

### Hamburger-Noodle Feast

6 servings

prep time: 5 minutes cook time: 20 minutes

### Ingredients

- 1 lb. uncooked noodles
- 1 lb. extra-lean hamburger
- 1 large onion, chopped
- 1 jar (~24oz.) spaghetti sauce, any flavor
- 1 pkg. (~10oz.) frozen corn
- 1 pkg. (~10 oz.) frozen peas
- 8 oz. shredded or grated cheese
- some spices (see below for two options)

### Directions

- 1. Cook the noodles according to package directions, draining them while they're slightly underdone (they'll cook more later).
- 2. In a large nonstick skillet, brown the hamburger and onion. Drain in a strainer or colander when done, to remove excess fat.
- 3. Add the spaghetti sauce and frozen veggies, and cook on low heat until the vegetables are thawed and warmed through.
- 4. Mix in the spices, then top with cheese and continue cooking on low heat until the chess melts.

### Variations:

Mexican feast: Use Monterey Jack or Cheddar cheese, and a tsp. (or more, to taste) of cumin. Italian feast: Use Parmesan or Mozzarella cheese, and a tsp. (or more, to taste) of Italian seasoning.

### Bacon Macaroni & Cheese

### Ingredients

- 1 box of Macaroni & Cheese
- 2-4 tsps. Butter
- ¼ cup of Milk
- 4 oz. Bacon, sliced (thick or thin cut your preference)
- 4 oz. Shredded Cheddar Cheese (optional for extra cheesiness)

### Directions

- 1. First, prepare your bacon independently, by either frying it in a pan or baking it in the oven.
- 2. After allowing the bacon to cool to a safe temperature, cut it into small ¼" pieces.
- 3. Next, prepare your Macaroni and Cheese according to the instructions on its packaging. Most traditional boxes call for 2-4 tbsp. of butter and ¼ cup of Milk.

Other 'Deluxe' Macaroni & Cheese variants come with a cheese sauces, and require no additional butter or milk. Either type works for this recipe.

- 4. After Preparing the Macaroni and Cheese, yet while it is still hot, stir in the freshly cooked bacon pieces.
- 5. If you are truly cheese obsessed now is the time to add the additional 4 oz. of Shredded Cheddar Cheese into the mix. I recommend stirring half of the cheese into the Bacon Macaroni & Cheese, then topping each individual serving with the remaining cheese while plating. Enjoy.

### Ramen Vomit Recipe

Submitted by: Hunter Clark

### Ingredients

- 1 package of Ramen
- 2 Large Eggs
- Seasoning: Salt & Pepper, garlic
- Ritz Crackers (optional)
- Butter (amount based on personal preference)
- Bowl
- Wooden Spoon
- Fork

### Directions

- 1. Put Ramen in bowl
- 2. Add water until noodles are covered
- 3. Microwave for 2 minutes
- 4. Take Ramen out of bowl and break apart with fork
- 5. Microwave for 2 more minutes
- 6. Drain Ramen and place in bowl
- 7. Turn on skillet to medium heat.
- 8. Put a good portion of butter in pan. Allow butter to melt and cover the bottom of the pan evenly.
- 9. Crack two eggs and place them into the pan.
- 10. Scramble eggs.
- 11. Place eggs into bowl with noodles.
- 12. Add Ramen seasoning. Mix ingredients well.
- 13. Eat with fork or Ritz Crackers.

### Basic Cheeseburger

### Ingredients

- Ground beef approximately 4 oz. of beef per burger (more if desired)
- Your cheese of choice: American, Swiss, Cheddar 1-2 slices per burger
- Hamburger Buns/Bread/Tortilla/Large Lettuce Leafs/Bagel
- Potential Seasonings: Salt, Pepper, Season Salt
- Potential Enhancers: Onions, Ketchup, Mustard, Pickles, Relish, (whatever you like to put on your burger)

### Directions

- 1. To begin, season your meat to taste, if unsure, less always best. You can always season your meal more, but once suggest no more than 3 tbs. of salt on a 4 oz. burger.
- 2. Before this next step, wash your hands and use plastic gloves if desired. Form patties out of the raw beef. Create decent sized meatballs and gently press them into a fairly thin patty shape. The thinner the patty is the faster it will cook. The burger will shrink as grease is released, so account for this when forming your patties.
- 3. Heat up your stove-top to medium-high heat; if using a gas stove achieve a medium flame. Allow the pan to momentarily preheat, and place your patty in the pan.
- 4. Using a spatula or other flipping utensil, test the burger's firmness by attempting to get under the patty with the utensil. If the meat is too raw, attempting to flip it will result in a broken patty. Once firm, flip the patty to cook the opposite side. Ideally you will only need to flip the patty once.
- 5. Cook the meat until it is firm and very little or no pink is visible, you can use a knife and cut a paddy to check if unsure.
- 6. Apply condiments to bun, place burger onto bun, top with cheese, place other half of the bun on top.
- 7. Optional steps: you can melt cheese onto the patty by placing it on patty just before you take it off of the grill. Adding butter to top buns or even dipping it into grease will add additional flavor.

Cloud County Community College

# Major v.s Undecided:

## A Major Life Decision

veryone who's ever gone to school knows that, eventually, they will need to start thinking about college and what they plan on doing afterwards. College is all about bettering yourself as a person by getting the education you need to go where you want to go, but for some, thinking so far ahead isn't always easy. There are so many different career paths, college majors, and classes to think about before anyone tries to make such a major decision. How could anyone know how or where to start? Some students have similar trouble deciding what they want to do while others know exactly what major they need to be what they want to be. Maybe a look into both sides can help an undecided student or even a soon-to-be college freshman understand where they want to go and how to choose between so many major choices.

Choosing a major can be hard for anybody.

It paves the way to your future career through years of classes and training, so it might just be the most important choice of your life. Knowing this,

it is easy to understand why some have trouble deciding. When asked about making the major decision, Danielle Moulton, an undecided graphic design major said "I took a look at all of the different choices". We tried narrowing down her options by thinking about some of the things she liked, but as I thought, she had many different interests. All of which she would not mind doing professionally. "I like being creative and y'know...I don't know. I Like art I guess." she said to me as she thought about it more. Having many interests can be the hardest thing about choosing a major to work on. A lot of times, a person has trouble choosing because no matter what they do,

they feel they could thrive

in that field. Because of this, some students might even switch from major to major to find their true calling. For Lashae Hedstrom an undecided physical therapy major, this is a common occurrence. When I asked about her current major, she replied "I wasn't really for sure. I just kind of declared it this second semester just 'cause I did." Just like Moulton, Hedstrom had many interests to choose from. In the end, she admitted she still wasn't sure, saying casually "I'm just gonna try it out and see." Most likely, Hedstrom will come back to school many times until she decides on her major. In

some of the worst cases, many people

get confused and choose something

they hate and often times they come

right back to school to try again. The

problem is, they still don't know how to

choose the right major for them and, in the long run, doing this can have very expensive consequences.

So, what is it like to be decided on a major? How do some people do it? I decided to ask some students who knew exactly what their plans were. Immediately, Taylor Rumsey, a criminal justice major gave a dignified "yes" when I asked if she had always known that law enforcement was her calling. After a small chuckle of amusement at her brief answer. she continued by saying "I've always wanted to be in law enforcement...It's just what I've wanted to do since I was really really little". You might say that Rumsey had an easier choice because law enforcement was her main interest, but like the undecided students. Rumsey also has many different interests. All around cloud county, she is known as the host to KVCO's radio station from 3:00 to 5:00 on Wednesdays playing her pop-punk music for the community. This is a hobby she enjoys, but need to go towards have just figured it out in after careful consideration, she still chose law enforcement as her main focus. Rumsey states

that her "ultimate goal would be to work for the FBI." Another student with a major plan shared their own story with me while enjoying her free time. Allison Wohler, a pre-pharmacy major had a simple explanation for her choice in major. "I walked into a pharmacy one day and I was like 'this is what I want to do" she told me while giggling slightly at the simplicity of it all. Wohler was once an undecided student as well, going towards accounting as her major. When I asked why she changed majors, she shrugged her shoulders stating "I didn't want to do taxes". Such a simple thought much have crossed her mind and immediately helped her see what her true calling was. Wohler plans on going back to her hometown after school and starting her own pharmacy business.

So after viewing both sides, it's easy to see that there isn't much of a difference between undecided students and decided students after all. Everyone has had trouble deciding what they want to do at some point or another and the ones that know exactly what major they their own way. To get a little bit more insight on how to make that major decision, I asked the decided students to give me their own words of advice that could help an undecided student or even a soon-to-be college freshman

understand where they want to go and how to choose between so many major choices. Many different bits and pieces were shared, but the best advice that sums up every decided student's words came from William Woerman. an elementary education major who says "Just go for whatever you like to do. Whatever you love to do." This is the trick that helped all the decided students find out their ultimate goal. Personally, my advice would be to start with something you already like, ask a lot of questions, take a lot of classes you think you might be interested in and if you find something you love doing, go towards it with all you've got!

> "Just go for whatever you like to do. Whatever you love to do."

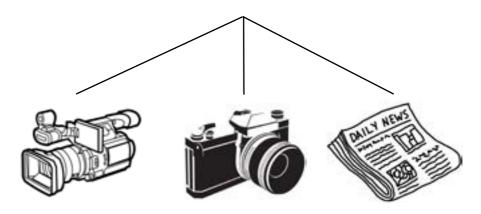
Cumulus #2

# What is Convergence?



Cole Callaway (Sophomore) colorfully describes a play as Hunter listens intently.

### Convergence



by Hunter Clark

Convergence. What is Convergence? In media, convergence is the term that describes the efforts to use the different strengths of different media to reach broader audiences and tell the world's stories in new ways. A few lines of print, a clip of audio, a photo, a couple videos; all season the 21<sup>st</sup> century style of journalism. Why do we converge? Why now? Since the inception of newspapers, radio, and TV, we lived in a world that separated the three, until recent years. Convergence. Now we can get online and read articles. Click on links to video within the article. Twitter links. Facebook links. News website links. Etc. It's not just a news story online anymore, but a package of information where each aspect of itself supplements another. Convergence.

As a communications student at Cloud County, one takes classes that introduce and build upon this term. How do I converge? Why can't I just do this? The answer is simple. In the wise words of Bob Dylan, "The times, they are a changin!"

At Cloud County Community College, the communications program has been exclusively radio. Video and print journalism haven't seen much light. However steps are being made to embrace this new concept of convergence. KVCO, the campus radio station, has teamed up with the athletic department



Sophomore Hunter Clark and Freshman Sam King look to see what happened on the court.

to create an enhanced listener and viewer experience. In the past one could watch the game online through Concordia's local newspaper's website, bladeempire.com or listen live on the radio. Attempts were made to meld the two, but technical difficulties arose, until recently. This last basketball season, with the purchase of new equipment and added personnel, a successful convergence attempt was made. Armed with a camera man, a couple of broadcasters, and radio station operators, (all who are students); KVCO and Cloud Athletics created an enhanced viewing experience for online listeners. They

converged.

Being one of the aforementioned broadcasters, I was able to sit down with our cameraman, Tommy Tryon and color commentator, Sam King and talk to them about their experience in this new realm of communications. Tryon and King are both mass communication majors, yet looking at different parts of the spectrum. King is pretty set on broadcasting while Tryon is looking into marketing and advertising, but the experience they have gained through this act of convergence provides them with certain skill sets that will aid them in

their future career paths.

To put it simply, we've merged

audio with video to produce a synchronized play by play broadcast. While watching the game online, one can also hear the play by play commentary. It may seem like there's a need for sophisticated computer, technical jargon and know-how. However, according to Tryon, it's quite simple. "I go in about a half hour before the game start, setup the camera, tripod, and the laptop all together. I plug in the video to the laptop through a Firewire cable. I also have a firewire card, plug it into the laptop and it connects the camera directly to the laptop. Then I use a program called Production Truck, which basically, synchronizes video onto the live stream through iHigh which is the website that all of the Jayhawk Conference teams us to broadcast online. Also, since we're doing audio now, I plug in a radio set to eighty-eight three FM and that in turn, puts it into the iHigh stream."

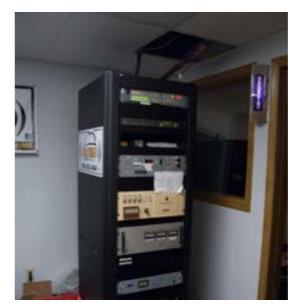
iHigh is an online streaming program that allows anyone, anywhere to watch the games live, or anytime they want afterwards. The Kansas Jayhawk Community

College Conference requires every team to upload their videos to Huddle, which acts as a community of basketball film regarding everyone in the conference. King stated, "It's pretty much a mix between LinkedIn, YouTube, and Facebook." It's taken aspects from these social networking sites and created one specifically for basketball. Not only does it provide us and our opponents insight about teams, but it's used as a recruiting tool for Division I, II, and NAIA schools. Tryon completes sums it up nicely, "It markets our players, as well as our college." On an added note, it markets a facet of communications at Cloud County Community College.

The two summed it up as a good experience. Tryon says, "I really like the fact we're taking this step. It's really good for the college as well, as far as promoting media classes and communications majors; we're taking a pretty good step I think. As long as we continue to get better systems and equipment, the sky's the limit." King kept short and simple stating he's glad to start his career in radio here at Cloud.



Soccer Player Alexander Kunz assist camera operator Tommy Tryon in the recording of a Cloud County home basketball game.





The transmitter in the radio station transmits and regulates the signal for broadcast. The audio is then wired in under the video shot by Tommy (above) and then streamed online.

Games can be viewed, in full online <a href="http://www.ihigh.com/cloudtbirds/broadcast\_325921.html?silverlight=1">http://www.ihigh.com/cloudtbirds/broadcast\_325921.html?silverlight=1</a>





# Student Student Student Student and keeps us from being completely bored. But when stress builds up an

### By: Devin Griffee

When a student enrolls in college they will face many different tasks and difficulties that they have very little experience with beforehand. Students have to worry about being able to pay for many things which they didn't have to pay for when living with their parents. Most students end up taking out loans in order to help pay for their college, their housing, and books. This means students are already in dept, this and many other factors of college life create stress. Nadia Washington says, "I think everybody has had to deal with a stressful situation at one point or another."

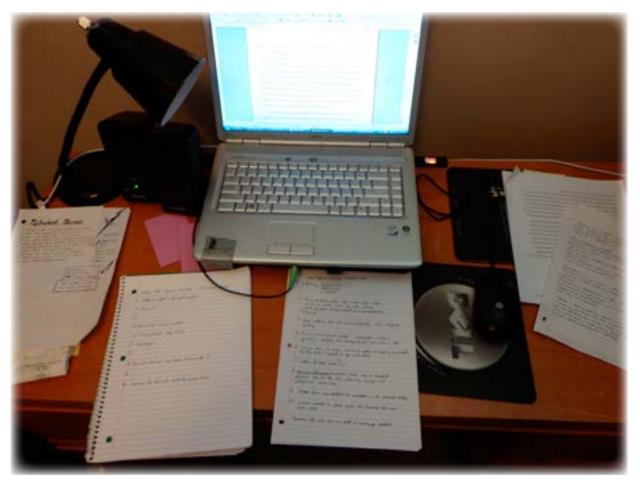
Stress is not always a bad thing, most of the stress we experience is helpful because it motivates us to get things finished and meet deadlines. Kassi Harris agrees, "Stress has a tendency to make me grouchy, but it also could be considered a driving force for me to actually do my home work . . ." Stress makes life more exciting and challenging, and keeps us from being completely bored. But when stress builds up and becomes too much it becomes a problem. We can't make decisions as easily, it makes it much harder to think. If it's bad enough even our health can

be affected. When stress becomes to be too much it's important to recognize the causes of stress.

Stress can come from many different sources, usually we don't think about many of these sources and still deal with them daily. Stress can come from the environment, such as dealing with noise, crowding, and moving to a new location. Physiological sources, which include illnesses, injuries, and inadequate sleep or nutrition. It can also come from your thoughts, negative thoughts about assignments and work, worrying too much about situations and making them

into a bigger deal than they really are, and trying to do things perfect. The last source is social situations, which includes financial problems, demands of work, social events, and maybe even includes loosing a family member or worrying about a family conflict. Marc Malone says, "Going into a new environment is always stressful, meeting new people is stressful, learning something that challenges you or something that you find hard is stressful."

Stress can affect our lives and even our health, that's why it's important to be able to recognize some of the signs of stress. Stress





can come in many different forms, some of those symptoms impact only yourself, but others may impact the people we know and our relationships with them. Stress can affect us physically, as well as mentally, some of the signs are muscle tension, feeling sick, difficulty sleeping at night, being tired, and headaches and backaches can also be signs of stress. Other emotional symptoms would include depression, anger, fear or possibly anxiety, feeling overwhelmed, and mood swings. Other results of stress can be forgetfulness, unwanted and repetitive thoughts, and difficulty concentrating. Nadia Washington says. "After a while, i lose sleep, get cranky, and act out by being verbally abusive to my friends."

Marc Malone says, "I think the biggest thing that people can do to prevent stress is to plan in advance." One of the simplest ways to deal with stress is simply developing a balanced lifestyle. Keeping a planner to schedule your day or to write notes to get assignments done is very effective at helping you keep organized, because one of the reasons you may be stressed is because you cannot keep things organized and it will make it difficult to get them done on time or effectively. It may also help to make sure that you try and keep a regular schedule, as many students have a hard time getting enough sleep and the right nutrition, as well as exercising enough. Getting a good balance to your life is crucial when dealing with stress.

Stress can sometimes be caused by unhappiness and feeling like you need to be doing something because you feel like you have no purpose. Sometimes just cleaning up your apartment or re-organizing the shelves may help you get rid of that feeling. Or maybe going on a jog or walk to simply have time to relax and get away from other people for ten or fifteen minutes may help. Sometimes not following a career that you are happy with may also cause unhappiness. Make sure that you really are following the major you want, and not the major that those who influence you think you should follow. Later on, not having a career you enjoy may be a cause of more stress that you will have to deal with then. Most people also work much better when they enjoy their job and not when they dread it. Kassi Harris explains her position on working while going to college, "Words cant even begin to describe how much work can stress me out some days. But, work can also be my release. I am lucky enough to work with friends, and it can be fun some times. Of course work is also work. and it can leave you so busy that there is little time to do anything that you really want to do."

Stress can come in many different forms, it can help motivate you, or, if it becomes too much it can ruin many aspects of your life. It's best to be able to recognize the sources and signs of stress in your life and deal with it accordingly.

# Act Two: Sutton's Final Curtain



By James Neilson and Marc Malone

ue Sutton, Theatre and Public Speaking Instructor and Dean for the Division of Humanities, Social Sciences, and Business, is retiring from Cloud County Community College after 39 years of Service. When Sutton arrived to teach her first class in August of 1975, the world was a different place. In August 1975, the New Orleans Superdome was dedicated. In December, postage jumped from ten to thirteen cents. Sutton's first teaching year at Cloud saw the unveiling of the first space shuttle—the Enterprise—and the first commercial flights of the supersonic Concorde. In the world of entertainment, Saturday Night Live and Good Morning America debuted and George Harrison and David Bowie lit up the music charts with groundbreaking recordings. Of course, now the Superdome is more famous for Hurricane Katrina than for football. Postage is now forty-one cents instead of thirteen. And both the space shuttle and the Concorde have made their own retirement. Saturday Night Live and Good Morning America are not the new kids on the block; they are icons of news and entertainment. The same could be said for Harrison and Bowie.

In Concordia, Cloud County Community College looked a little











David Bowie Original SNL

The Enterprise Space Shuttle

George Harrison

Consturction of Superdome

The Concorde

different than what we know today. The Academic Affairs office was still an entry foyer. The President's Addition—think the bookstore and cafeteria—was decades in the future. The Student Success Center and the ITV classroom weren't yet built. The cafeteria was in the student union, and Thunderville was a dream. In the theatre, the stage lights—now controlled through a whisper-quiet server—were dimmed using magnets the size of student desks.

Sutton has seen many changes, and if you sit down and have a cup of coffee with her, she always has a connection to make. Bring up a contemporary event or celebrity, and she'll say, "you know, that reminds me of..." and

then she's off with a story about a television show or a Broadway musical or a politician of yesteryear. She's a fascinating storyteller precisely because of her experiences, what she has seen, and because of that, her own story is worth telling.

On her first day as a Cloud teacher, Sutton wasn't completely new to the college; she was a member of the original class of students coming to the college in 1965. The college itself hadn't been built yet, so the students attended classes in the High School, as Sutton recalls: "Our parents felt like we needed to support the start of the college, and they had a way to invest in the college, which was kids. So we went to school, and we took our classes

in Concordia High," where they had spent the last four years. Sutton recalls that "it was kind of crowded, but I enjoy the memory of that." She adds that "Kids today will just say that [the college] is just another two years of High School. They don't know that it was two more years of the high school." In today's blasé, hard-to-impress environment, there is a tendency to think negatively of the community college experience as an extension of high school, but Sutton still cherishes her experience: "I love the teachers that I had. They were very influential. I never regretted going to the college."

Later, Sutton attended the University of Kansas before moving to teaching in the



public school system. It wasn't until she got a persuasive call from one of her old Cloud teachers that she made her way back to the college. "I had to finish out my contract with the public school where I was, and I did come back here. It was 1975, and I've been here ever since."

At the college, Sutton will be remembered for many things, but the top two among them will likely be her public speaking classes, and her work in the theatre department. Kansas Senator Elaine Bowers, a former student of Sutton's, says that, as a small-town Kansas girl, Sutton was a comforting and effective teacher. "She wasn't a teacher" in the traditional sense, "she was a part of the classroom. Very comforting." Nancy Zenger-Beneda, current Dean of Science and Sciences and Mathematics and former student of Sutton's remembers that "she believes in preparing students to contribute to society and encourages them to accept responsibility for the world around them."

As far as her theatre work, Sutton has been very active, directing "about 150 plays here in the 39 years." Sutton's work spans from traditional favorites such as Hair and Grease to works she wrote herself including The Chosen, a play about the Orphan Train riders. The play originated in Concordia and was later performed off-Broadway.

Sutton's theatre experiences also served as a bridge to the community. As a community leader, she has been instrumental in various Brown Grand Theatre restorations. She recalls that "Once the Brown Grand was restored, we just opened that up as an extension of the college. So we had a historic theatre to use and we had this smaller theatre [on campus], which gave us something that nobody else had in the state."

At the end of her time here, Sutton is satisfied with her accomplishments. "Why would I have stayed if I didn't love it?" Although, she admits, "when you go in to education, you don't get a lot of compliments. Maybe later, as the students have a chance to mature and realize what made an impact on them." She will fondly remember her plays and her students. "I've had some really great students over the years."



# Everybody Loves Bob



By Hunter Clark

Most students don't know Bob
Maxson. Well, not by name. However, if one
were to describe him using just one characteristic, most would nod their head and say,
"Oh okay." Some know him as the guy who
wears sweater vests, the guy with the mustache, or that guy you always see walking the
halls of Cloud County Community College.
While these characteristics make it easy to

put a name with a face, it takes more than just the "guy with the sweater vest" to describe his role at the academic facility. What exactly does this mustached man do? He's the Vice President of Administrative Services.

Despite having a busy schedule consisting of meetings and office work, I was able to

secure some time with Maxson and talk about his past, present and future in education.

Since 1974 Maxson has invested a majority of his time in education. Holding a variety of positions and teaching in a number of locations, Maxson is no one-trick pony when it comes to school.



After graduating high school, like many students his age, Maxson didn't know what exactly he wanted to do for a career. Despite his uncertainty, Maxson enrolled at Eastern Illinois University the following fall. In a few years he'd obtained a bachelor's degree, then pursued a master's of business administration, and finally started looking for a job. Closing in on his 40<sup>th</sup> complete year in education, one may assume a job in education was Maxson's first employment gig. It wasn't. With Maxson's degree in business administration, he was very marketable and could explore a variety of avenues with it. Out of college he managed a convenience store for a year and worked as a bank examiner for a couple of years. At that point in time, he decided he wanted to be closer to his family and friends and moved back to Minneapolis, Minnesota.

Upon his arrival to the twin cities, he didn't have many contacts for jobs. After some searching, an adjunct teaching position at a proprietary school opened up. It wasn't much at first, but as the old adage goes, "It only takes one spark to light a fire." After a semester of teaching management classes, Maxson was appointed the position of dean where he remained for a few years before moving to another school in the Minneapolis-St. Paul area. There he was hired as the Vice President of Education. Around the time of his second administrative job, Maxson started thinking about a family of his own. Unfortunately, that wasn't necessarily doable while working 70 hours a week. With a growing loss of faith in the proprietary school system, he sought other opportunities in education administration.

Looking for change, Maxson

and his family moved to northeast Iowa in the early nineties to accept a teaching job at Northeast Community College. Since that time Maxson has remained faithful to the community college atmosphere. Once again opportunities arose that allowed him to change his course of action in education. "It got the point where there was an early retirement plan with a lot of benefits of that

I could take advantage of. And I was unhappy with the chief executive officer, the president of the college at the time. I didn't like the direction she was leading the college in, so I opted for retirement." With a house on the Mississippi River and wife to share it with, retirement didn't last long for the Maxsons. Bob recounts one July afternoon where he received a phone call from former Cloud



County Community College president, Richard Underbakke saying, "Come see me. I have a job." A successful interview in hand, he secured another job as Vice President of Administrative Services.

One may ask, why Kansas? In our interview Maxson stated. "If you would've asked me seven years ago, would I ever be in Kansas? I would've said no." His original idea to come here for couple years turned into seven, and for the second time in forty years he's going to retire from education, most likely for good. I was intrigued by Maxson's decision to come work in Concordia, KS. It couldn't be the hot, moist summers, flat land, or the dry, snowless winters that convinced him. It was the people and the community of Concordia. "I loved the place when I got here." When it came down to the decision to move here Maxson and



his wife were a bit hesitant. They looked around and noticed there was a good deal of community involvement in the town. From the Browne Grande Theatre to the National Orphan Train complex, it was obvious Concordia was a place where its citizens invested in the community. Maxson and his spouse also noticed the people were special. "We're of a size of an institution where the employees can really care, provide good support, and help. It's not unusual that my staff and faculty know

every student by name, or willing to do whatever it takes to help them succeed. The vast majority care about the kids."

Maxson also thought he could make a difference at Cloud by accepting the job. If you were to ask around, I think you would get an assured yes from faculty and staff. When Maxson came to Cloud County a number of issues arrived on his doorstep. A dark, dingy library wasn't conducive to studying. Rooms across the building were very hot, or very cold on the same day. Office spaces were in need of updating. As the Vice President of Administrative Services, it was Maxson's job to spearhead these projects and see them through to completion. Whether it's walking the halls of



the college, listening to lectures, or grueling over notes in the library, it's apparent Maxson did make a difference.

Upon conclusion of our interview, I asked Bob Maxson if there were any tips he's learned in his journey through education that helped him succeed. As noted earlier, Maxson found work in other places when he lost faith in his employer. He notes, "A belief in what you're doing or in the institute. The employer is really committed to what it's doing. And you agree with that philosophy. The worst thing I can think of is a person going to

a job, where every day they got up and hated going to work." He continued his advice, "As you're interviewing and looking for jobs, think of it not only as a job, but as something you really want to do. You'll be more successful, I think, if you're excited about work. That doesn't mean it's always going to be perfect and roses and all that, but you really are connected to what the organization is doing and you want to make a difference in terms of what they're doing."



Due to time constraints, the yearbook group was unable to take portraits of every student at the Geary County and Concordia campuses. We offer our sincere apologies for those individuals whose portraits do not appear in this publication.

## Geary County Campus



Alama Alvarez



Crystal Anderson



Shauna Andres



Chris Bicknase



Abena Boateng



Anna Boyer



Jamie Bratcher



Amanda Bruss



Yeera Budhathoki



Tylisha Butler



Tyneshawaun Cade



Randall Carlyle



Kym Cochran



Kevin Diaz



Angelica Drennen



Natasha Freeman

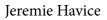


Robert Graves



Greg Harris







Samantha Henry



Jessica Huslover



**Emily James** 



Andrea Jones



Denver Kell



Cheryl Lomangino



Laura MacLafferty



No Sian Muan Mang



Sagar Mehta



Jordan Mendez



Cheyenne Mendoza



Michelle Molloy



Kyle Mulvaney



Maricel Murray



Hannah Nistler



Iloamari Perez



Christopher Pope









Tina Rollins



Jason Sanchez



Maranda Santos



Christina Schubert



Darayia Shugart



Josh Smith



Mariktza Smth



Jaelizbeth Torres



Sara Torres



Jess Trent



Rikki Washington



Anna White



Trisha Wilcox



Anthony Williams



Siera Wisby



Judith Witson



Frank Young



Concordia Campus



Felipe Araujo



Treg Arganbright



Anthony Avery



Mercedes Barlow



Ryan Barnes



Ben Bartlett



Ojai Bedward



Brianna Blackwell



Kyle Bliss



Bailey Bloom



Holly Boley



Tanner Bowles



Lucas Branfort



Madison Brockman



D'Ante Burse



Kendra Cain

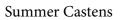


Kevin Cain



Cody Carr







Cameron Church



Colin Clark



Hunter Clark



Andy Colby



Matt Colquhoune



Alex Dankwe



Raven Davis



Amber Davis



William De Noble



Tam Decker



Melissa Diederich



Kelsee Dittmer



Nathan Elder



Aaliyah Ellis



Daniel Figgs



Allison Forberg



Brie Gantvort









Julie Gavin



Steven Genderson



Luke Gerard



Gernhard



Kolbie Glissman



Austin Goddard



Lionel Gomis



Steven Gormley



Andrew Gourley



Devin Griffee



Brianna Hall



Ka'Nesha Harrison.



Bethany Hawe



Derek Henry



Katlynn Hevelone



Ethan Hillegeist



Emily Hogan









Tabby Ihnken



Payton Inyard



Kyle Irving



Quinton Isaacson



William Jack



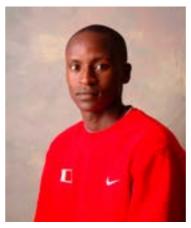
Weston Jantz



Ti'Ara Johnson



Blaine Joonas



Banard Kefer



Sam King



Alexis Koops



Tad Kuhlman



Trenton Kuhlman



Jordan Latham



Foster Losh



Jenna Maas



Remy Martin









Calder Mcafee



Brandon Mechels



Taelor Mendenhall



Brad Miller



Lauren Milligan



Scott Moran



Nicole Multon



Tutty Mwankusye



Richard Nelson



Lupita Nelson



Katie Paige



Drew Parker



Richelle Paulson



Sean Persell



Levi Peter



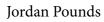
Austin Peterson



Aries Poran









Kari Prather



Allyne Purdy



Blake Quillen



Rebecca Reichel



Braden Richter



Steven Roberts



Cory Rosales



Ruhge



Taylor Rumsey



Autumn Sabatka



Ivan Sahagon



Luke Schreefer



Danielle Seifert



Ashley Seifert



Caiten Shambrug



Alysha Somerton



Brittani Stalder









Jacob Tanking



Cassandra Tracey



Lucas Trebe



Tommy Tryon



Deandre Turner



Tristen Turner



Drew Ukens



Kirsten Unruh



Ricky Urbanek



Antanette Vance



Kristina Walker



Nadia Washington



Emily Webb



Logan Weiche



Randy Weir



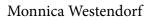
Kyndall Weiss



Lucas Wendelken









William Woerman



Samantha Zirkle



#### ATHLETIC TRAINING

he athletic trainers play a key role in all athletics at Cloud County Community College. Everyday you can see the trainers working in the training room treating and preventing injuries for all Cloud Athletes. Along with working with

athletes trainers must also take basic classes on how to care for and prevent many athletic injuries. Trainers get the experience to travel with teams across the country and work firsthand with some of the best athletes in the nation.



First row, from left: Daniel Griffith, Shane Wilson, Kassi Harris, Kari Prather, Austin Stride Calder McAfee, Brad Kramer. Second row, from left: Steve Schroeder, Collin Clark, Colby Barber, Zack Franks, Blane Payeur, Levi Peters



"Being an athletic trainer was a great way for me to get involved and meet new people." Calder McAfee Sophomore Athletic Trainer

## Womens Soccer



Bottom from Left: Danae Gennette, Brandi Jones, Kylee VanGorder, Sterling Torres, Carrie Burnett, Kezia Gumbs

Top from Left: Lucia Trebe, Destiney Schwant, Georgia Walters, Laura Hughes, Jasmine Meichle, Lisa Marie Schulz, Chanelle O'Dwyer



had the best record in the confrence, they did overcome many obsticles on their way to 3-12 overall record. The team faced many terrible injuries that forced inexperienced players onto the field. The highlight of the season was in Goodland when the Lady T-Birds defeated Northwest Kansas Technical College 7-2.



Sterling Torres kicks the ball upfield for the Lady T-Birds Laura Hughes kicks the ball away from the goal





he 2013 Cloud Men's soccer team struggled early out of the gate with a 2-5 start, but they came around by the end of the season to salvage their year with a 14-11 overall record. Head Coach Derek Talcott said that the turning point in the season was after that 2-5 start. The boys went down to a tournament in Texas, and although they did not win they were very competitive against two teams that were ranked number in ther nation at one time. After that tournament the team felt they could play with any team in the nation. With that new found confidence the team managed to win the Region VI tournament to earn a bid to NJCAA National Tournament in Tyler, Texas!



Front row, from left: Saul Gutierrez, José Diaz, Gefte Blanc, Lucas Trebe, and Marco Nizarala. Second row, from left: Alex Kunz, Leonardo Cartarina, Brett McAllister, Daniel Sanchez, Jean Carlo Pinto, Breno Lopes, and Ivan Sahagun. Third row, from left: Juan Mendoza, James Brown, Chris Lavery, Kerbson Lubin, Kevin Linares, Alex Staines and, Ojai Bedward

Honors: All Jayhawk Confrence 1st team Gefte Blanc, Alex Staines 2nd Team Marco Nizarala, Kerbson Lubin Honorable Mention Leonardo Catarina. All Region VI 1st team Gefte Blanc, Alex Staines



Jose Diaz hugs a teammate after he scores a goal.

The soccer players use their heads on and off the field.



Chris Lavery takes the ball up the field.



ccer

loud Volleyball wrapped up their season much stronger than in past years. They finished fifth in their conference with a .500 overall record, an accomplishment Coach Molly Skocny is proud of: "I knew the season would be about building confidence as a team as well as establishing a new identity in the conference. I'm pleased with how the season went."

In addition to the straight statistics, Skocny was especially pleased with two of the team's wins against Hutchinson and Barton. The team beat Hutchinson—nationally ranked and first in the conference in just three sets. "That was a great night of volleyball for our athletes," according to Skocny.

Sophomore Erin Terrell adds that, on that night, "we came together as a team and got the job done. It will always be my favorite memory and game as a player." It took a total of five sets to beat Barton, but Skocny reminds "this was the first time Cloud had defeated them in almost seventeen years." She then adds, "I would like to beat them for the next seventeen."

Freshman Kylie Penning was also named KJCCC All-Conference 2nd Team, which her coach adds is "a great accomplishment for a freshman."

While it might be Coach Skocny's first season six years, she has long been associated with Cloud volleyball. "I was actually here as the head coach from 2001-2007. I also played

volleyball here from 1997-1999." Terrell has nothing but positives to say about Skocny: "[She] is a great coach, and I know that she will have a lot of success in her upcoming years here at Cloud."

Front row, from left: Averie Gritten, Brianna Blackwell, Kylie Penning,

and Helena Lukovic. Middle row, from left: Emily Brown and Prairee Marlier. Back row, from left: josie Hale, Kaylee Bontrager, Emily Webb,



Cumulus #2





Front row, from left: Valentine Kitur, Allyne Purdy, Briann Wishersham, Katie Lambert, Kendra Alcorn, and Davida Holley. Middle row, from left: Benard Keter, Nate Elder, Jesse Neilson, Hunter Hosler, Justin Twombly, and Desi Thomas. Back row, from left: Shilo Goracke, Ouinton Isaacson, and Brandon Mechels



he 2013 cross country season brought about new faces and changes to cross country at Cloud County Community College. With only two returning runners from the previous season and a new coach, the season proved to be a learning experience for all. While it wasn't Coach Drew Mahin's first season coaching a track team, it did bring about a completely different coaching atmosphere, says Mahin: "It was a great experience for me to learn from a bunch of students with different backgrounds. It was a great way to change the way I interact with students."

Not only did it bring changes for the coach, students encountered a completely different running experience compared to their high school careers. Most students coming up from the high school ranks suffered injuries due to the number of long runs to prepare for meets--between fifty and sixty miles a week. Mahin kept students healthy by switching up their workouts every day: yoga, pool workouts, weight room conditioning, and running in different areas around the county.

Bernard Keter, a freshmen from Kenya placed in every meet for the Thunderbirds. The first meet proved to a learning experience for Keter. The Wichita State University meet had Cloud competing against Division I, Division II, NAIA, and other community colleges making some pretty stiff competition. After leading the pack for the first mile, Keter lost the lead due a 4:45 first mile in a six mile race. However Keter did place 13th in the meet and went on to win the Region IV meet, and placed 3rd in a half marathon in Hiram, Georgia.

Mahin revealed a some of the season highlights in out interview. In mid-October he took the team to Chicago, to watch 40,000 runners in the Chicago Marathon. Another notable meet took place at Butler Community College, where the runners finished their race as snow fell The season provided athletes with a wide range of experiences and expanded their horizons in the realm of long distance running.

# CLOUD 3





#### MENS BASKETBALL

IMPROVMENT TOWARDS KJCCC

oming off a season just shy of .500, the Thunderbirds were looking to improve to a winning record with eyes on the NJCAA Championship tournament in March. After losing several key players, returning sophomores and incoming freshmen had big shoes to fill. Nevertheless, the Thunderbirds finished quite well considering the strength of the Jayhawk Community College Conference (KJCCC).

Opposed to last year's 5-11 conference record, the Thunderbirds managed to obtain a record of 8-6 in conference play as well as a home game in the 1st round of the Region IV playoffs. Unfortunately they lost (82-73) in overtime to the non-conference team of the Northwest Kansas Technical College Mavericks.

I contacted the head men's basketball coach, Chad Eshbuagh and asked him what his thoughts were about the team's success as well as the season. "Really a fun team to work with on a daily basis. Felt like this team improved throughout the season in the final month. Offensively, we became much more efficient as we moved through league play and defensively we stayed relatively consistent throughout the year."

Upon conclusion of the season North Carolina A&T transfer sophomore transfer, Shaun Stewart earned All-Conference honors in the KJCCC western division. On the season Stewart shot forty-five percent from field goal range and went 93 for 231 (40%) in three point attempts. He also made 144 of 183 free throw attempts for a season average of seventy-eight percent and average five point eight rebounds per game. At this point in time he is unsure of where he is playing, but has received a few offers from mid-major colleges around the US.





# 53







#### **WOMENS BASKETBALL**

SUCCESSFUL YEAR

he Lady Thunderbirds concluded another successful season with and 18-13 record. It was Coach Erkenbrack's 25th season with Cloud County and his 23rd season with a winning record.

Erkenbrack's last losing season came at the conclusion of the '04-'05 season where the lady Thunderbirds went 15-16. Of the last 9 seasons, ErkenBrack has completed eight with twenty or more wins.

While the ladies didn't meet their ultimate goal of winning the NJCAA tournament, they did find success. Early in the season they traveled to a national tournament in Midland, Texas. There they competed against the top tier teams of Trinity Valley, Chipola, and Central Arizona. Cloud County ended up placing 3rd in the Midland tournament against some of the best teams in the US. Trinity Valley, Chipola, and Central Arizona went on the NJCAA tournament in March all placing in the top 5. Erkenbrack also noted the conference win against the Seward County Saints in

the latter part of the season. At the time of the win, the lady Saints were ranked 16th in the nation.

I asked coach about how he thought his did over the course of the season. Were they the same team that started the season? He stated, "They improved quite a lot. They improved significantly from a defensive standpoint." The Lady Thunderbirds did have to overcome a few obstacles. Their first game against Seward County in January resulted in a couple of injuries for the team. Leading scorers Jordyn Alexander and Courtney

Fisher left the game in the second half, crippling the Thunderbird's offense. Alexander was able to return a couple of games later, but Fisher suffered and ACL tear and was not able to return for the remainder of the season.

Alexander a sophomore, received All-Conference and 2nd team All-Region IV honors for the season. Alexander scored 493 points on the season, averaging 16.4 points a game. She made 119 of 143 free throws (83.2%), 180 of 329 (54.7%) field goal attempts, and went 14 for 34 (41%)

from the three point line. She also led the team in rebounding with 236 offensive and defensive rebounds.



Cloud County Community College

# Sloud Sounty Bunce

he Dance Team got its start 19 years ago when the Dean of Student Services Jerome Letourneau asked Carleen Nordell to start the program. "Cloud had a cheer squad which I was coaching already and Jerome wanted there to be a Dance Program to add to the atmosphere of the basketball games" said Nordell. "Our team goals this year were to make sure everyone continued to work hard in the classroom, perform dances that the crowd enjoys, and just have fun and enjoy being part of this team" said Nordell. "They must have a positive attitude, be a positive role model, and love to dance" said Nordell. During this year, the dancers performed many self-made pieces for the crowd. Nordell was reminded of

one particular event she and her team were truly proud of performing. "One Dance that just warmed my heart, and I think the crowd really loved, was the night we did our Veteran Dance. We got a standing ovation from the student body first and then everyone else joined in because we brought Veterans on the floor and honored them during the dance. It was heartwarming and brought tears to many people's eyes." This year's team has shown that dance can be both uplifting and healing for everyone involved. For the members of the team as well as their coach, it is a passion, which is why one member of the group has taken up the phrase "Keep Calm and Dance."



back row, from left: Aries Duran, Antanatte Vance, Kaylee Bontragerm, Allissa Kearn, Emily Trigg, and Kendra Cain.

Front row, from left: Courtney Lanoue, Ali Pishney, Morgan Stryker, and Danielle Moulton





# Eloud Eounty Cheer

he Cloud County Cheer Squad brought a lot of spirit to the home basketball games this year! Players admit that none of this could have been possible without, their talented coached, Carleen Nordell, who has been the cheer coach for the last Twenty years. When I asked what made her decide to become the cheer coach here at cloud, Nordell replied with "I was a cheerleader in High School and junior high and have always had a passion for it." Spectators at the home basketball games can see Nordell's passion through the uplifting cheer tactics of her squad. Go Cloud Go!

The Cheer Squad hasn't always

been this lively and exciting. In Fact, they do a lot more now than they used to. "The cheerleaders have come a long way from when I started 20 years ago., Nordell shared. "We didn't have Yell Leaders my first year and couldn't do much stunting. Now I try to at least get 5 or 6 guys and recruit at least 10 girls." Nordell cares a lot about diversity and the joint talents of both cheerleaders and yell leaders and has made it her goal to get everyone involved. Now Nordell's Cheer Squad can be seen pumping up the crowd with their positive energy and spirit! And lets not forget those amazing chants and stunts! Let's Go T-Birds!



Back row, from left: Brigham Larson, Ja'Veaugh Perry, Katelyn Holthaus, Payton Inyard, Braden Larson

Second row, from left: Amber Davis, Ashley Seifert, Devin Fleming, Holly Boley, Anna Dorman Front row, from left: Lauren Milligan, Alyssa Kohlman, Allissa Toews, Madison Brockman, Gabriela Martinez, Allison Forsberg

Not Pictured: Austin Jenson



Four of the cheerleaders look around at the audience as they cheer at the 2013 Fall Festival.



Three of the girls on the Cheer Squad perform.



The girls smile during their routines as they perform by Sears and the Dance Company downtown.



The Cheerleaders get ready to go out and perform.

# 14 SOFTBALL





ont row, from left: Kelsey Jones, Sierra Eason, Madison Bryant, Savanna Luke. Middle row, from left: Sami Zirkle, Tyler ernhard, Nikki Blankenbeckley, Ashley Johnson, Tristen Turner, Nicole Demars, Brianna Brooks. Back row, from left: Bai-y Bloom, Hannah Wolzen, Alysha Somerton, Kasie Garrison, Kylie Trobee, Rachel St.Clair



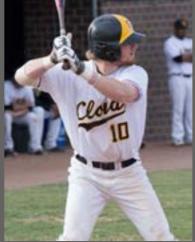




# Cloud County Bassantall



Front row, from left: Jared Zerr, Kody Cox, Austin White, Riley Budd, Coleton Besse, Cal Zagurski, Jordan Heatherington. Second row, from left: Coach Greg Brummett, Garrett Eck, Trevor Reid, Colton Kooser, Jackson Cain, Oliver Hodges, Coach Chris Atkins. Third row, from left: Trevor Nordell, Shayne Kelly, Cameron Zane, Jared Winter, Kasey Biddle, Drake Collins. Back row, from left: Zach Larkin, Cole Thomas, Quentin Miller, Jesse Rall, Matt Forsyth, Bryce McMullen, Tanner Palmore



Sophomore Jackson Cain at bat.



Freshman Trevor Reed leads off first.



Teammates watch the game from the dugout.



### Cloud County Track & Field



Front row, from left: Ti'ara Johnson, Brenda Barnett, Davida Holley, Aaliya Ellis, Anika Ricks, Jayden Jackon, Brianna Wickersham, Valentine Kitur. Second row, from left: Raven Davis, Shelby Fraser, Kim Simon, Brenae Keeo, Taylor Swanson, Alexis Logan. Back row, from left: Jasmine Summers, Tameca Wallace, Katie Lambert, Jane Ohanta, Anna Linton.

Front row, from left: Benard Keter, Nate Elder, Jesse Neilson, Quinton Isaacson, Justin Twombly, Desi Thomas, Shilo Goracke. Second row, from left: Alex Dankwa, Gavin Scheibe, Benjamin Fairweather, Willie Young, Brandon Mechels, Hunter Hosler, Blake Quillen. Back row, from left: Cody Allen, Zachary Franks, Dakota Webber, Derek Nordell, Dwight Davidson, Brentin Hake.



### Fellowship of Christian Athletes





he Fellowship of Christian Athletes has been around for over 50 years. Starting in 1954, the group, based on joining together and accepting others, pledged to be for all types of people. Whether they be non-christians, non-religious, or non-athletic, anyone can join this wonderful group. Ted schmitz, the volunteer sponsor of FCA for over 30 years, swore that the FCA stands by their wonderful Vision Statement, Mission Statement, and group Values as a friendly, helpful, and insightful group. The group has been a beacon of friendship, helping anyone who wants to be connected with god by bringing them to a church they will enjoy. They also held many meetings for bible study, movies, and group sessions that are geared toward helping fellow groupmates succeed happily in their everyday lives. While helping each other grow as people and spreading the word of god, the FCA prints a Quarterly Magazine sponsoring the proud members of the group for anybody to read.

Along with their helpful attitude, the group also likes to go out and have fun while enjoying each other's company. Just recently they all went to see the movie God's not Dead in Belleville. The member's of the group enjoyed other fun events this year such as Fields of Faith where the local community and other towns are invited to come listen to personal testimonies about how the word of god has affected them and to be challenged to read through the gospel of john in 21 days. They also celebrated Courts of Praise, an afternoon of singing prayer songs and reading testimonies, during this year's harsh winter. This year, everyone has been uplifted with happiness and their praise for god. Hopes for next year's FCA are looking pretty high. Ted Schmitz sees a bright future for the members of the FCA and next year's fresh batch of new faces.



## HORROR WEEK JEN YEARS OF TERROR

he events of horror week were a big success at CCCC. Each night a different event: On Monday night, a haunted hayride. Tuesday was Sawvivor – where participants had to attempt to escape the room before they ran out of time. Wednesday featured a costume contest at Club 81 where there were \$1000 in cash prizes given away for the best costumes. On Thursday a haunted forest occupied the woods by the college. And on Saturday there was a zombie run.

The Resident Assistants planned these events and had assistance from volunteers to make them the success that they were. Bethany Hawe, freshman, said, "I though it was scary. It was pretty fun..."

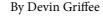
Horror week has been going on for ten years now and was created by Shane Britt, current Housing Coordinator, when he was a Resident Assistant at the college. He said this year's horror week was a huge success and he thinks it was the biggest event yet.



Students pose with a Scream mask.

A group of students show off their costumes.









#### **Cast List**

The Life and Adventures of Santa Claus

Keaton
Max By
Catheri
Rick Ne
Aaron I
Blaine J
James N
Tanner
Whitne
Jara No
Braden
Hanna
Kylee H

Keaton Shirley Santa Claus
Max Byram Wisk
Catherine Wichman Necile
Rick Nelson King Agawa
Aaron Free
Blaine Jonas Peter
James Neilson Holly
Tanner Bowles Kilter
Whitney Hillman Baroness Braun
Jara Nordell Hilda
Braden Frost Weekum
Hanna Acree Mayrie
Kylee Hower Bessie Blythesome

The fall play of the 2013-2014 school year at Cloud County Community
College was "The Life and Adventures of Santa Claus." This play was a musical with music production done by Dr.
Christopher Krampe, citing his first work on a musical here at Cloud County
Community College. This was also the last full-length production that Sue Sutton directed as the head of the drama department at Cloud, as the 2013-2014 school year was her last before retiring.

"The Life and Adventures of Santa Claus" is a story about Santa Claus living in the Laughing Valley of Hohaho, and he makes toys for the children to bring happiness to them. King Awgwa and his lackeys try to ruin Christmas by stealing the toys and Santa himself. It was then up to the children and the elves, Wisk, Peter, Holly, and Kilter, to save the day.

The play was generally well received by the people who went to see it. Devin Griffee, a freshman, went on to say "The play had a small cast, but it made up for it by having talented actors." Another student, Bethany Hawe, also a freshman, said "It was a lot of fun!"



# All About Ag

AG department's idea of fun and excitement! This year, the AG department had their hands full with competitions, events, and activities for everybody to enjoy! The Horse Judging Team competed in many exciting competitions including the All American Quarter Horse Contest in Ohio. Kaitlyn Fairchild and

Martin Howard, two members of the team, received a big thanks for judging the Gold Coin schooling horse show. The horse judging team would also like to give a big congratulations to the competitors of the CCCC Horse Judging Contest at the Kansas Classic Horse Show and an extra big thanks to the Kansas State Horse Judging Team for helping out. The

by Nadia Washington

the National FFA convention showing off Cloud's
Wind Program like true prosegetting everyone interested in what we have to offer here. The CCCC Livestock
Judging Team received a big congrats on their first
National competition at the Southwestern Exposition and Livestock Show in Fort
Worth Texas. Joy Larsen,















Ellen Revell, Katie Fairchild, and Braden Richter, the members of the team, enjoyed the opportunity to evaluate such beautiful livestock. Along with those tough, but rewarding competitions came the real fun for everyone involved! The long awaited Equifest in Wichita!. Activities included Campdrafting, The Ranch Rodeo, The Cowboy Drag Race, The Horse Judging Contest and, for kids, stick horse barrel racing in CCCC's Kiddie Corral. Kids also got to Paint a pony at Equifest, decorating the ponies in a beautiful array of colors. The future of next year's AG department is looking pretty, bright, and colorful if you ask me!

